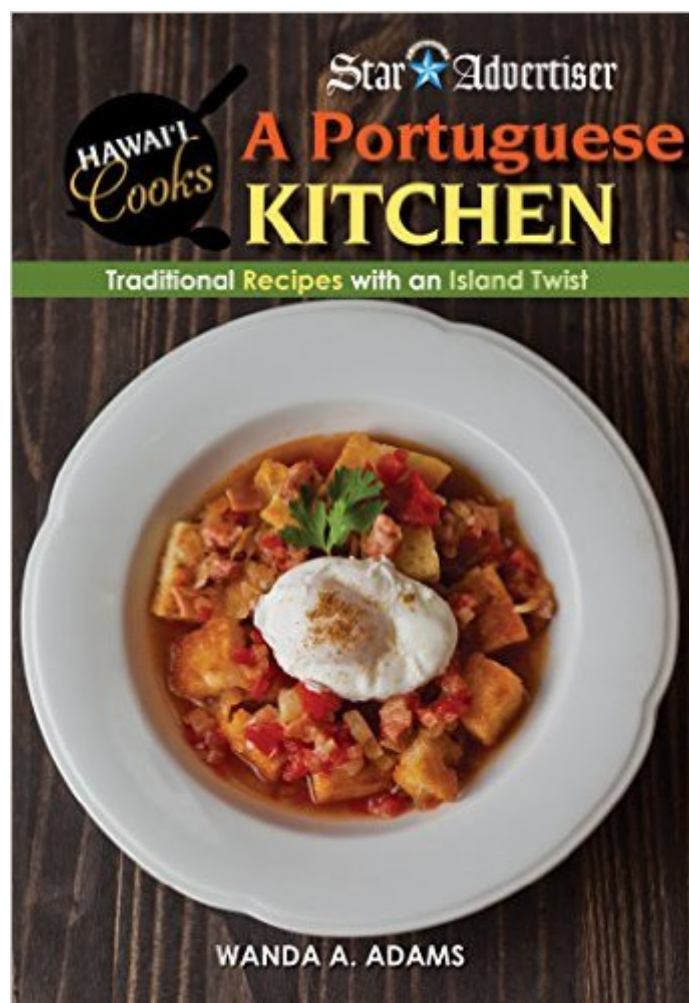


The book was found

# Portuguese Kitchen: Traditional Recipes With An Island Twist



## Synopsis

Portuguese cooking is at its heart very, very simple. This is what makes it difficult. The cuisine relies on the freshest, most carefully selected ingredients. Made with flavorless, mass-produced products, it is comforting, but not edgy. It also requires experience: the use of the nose, the eyes, the hands, the tongue to tell when the stock is deeply flavored, the onions have wilted just enough, the cake or cookies are cooked through and the right texture. Many of these dishes take time because they were the work of stay-at-home women and because time was needed to concentrate flavors and achieve desired textures.

## Book Information

Hardcover: 192 pages

Publisher: Mutual Publishing, LLC (October 17, 2014)

Language: English

ISBN-10: 1939487099

ISBN-13: 978-1939487094

Product Dimensions: 0.5 x 6 x 9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (5 customer reviews)

Best Sellers Rank: #1,574,232 in Books (See Top 100 in Books) #49 inÂ Books > Cookbooks, Food & Wine > Regional & International > European > Portuguese #307 inÂ Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > West

## Customer Reviews

Wanda Adams brings to life the Local twist with her delightful and true stories of the Portuguese people in Hawaii!!!! She is such a sincere person and her hard work to make this book as enjoyable as it is shines through! The recipes are fantastic and will bring joy and warmth to your home!!!!

Another great book from Wanda. It is a cookbook that shares recipes that were developed by Portuguese immigrants as they adapted to the local ingredients of the Hawaiian islands. This book shared a lot of the customs and background to the recipes. The recipes are straightforward, uncomplicated and concise and easy to follow, with explanations, substitutions and ways to vary the recipe to personal taste. I learned a lot from this book. The spiral comb format makes it easy to lie flat on the counter and glance as you walk through the steps. Highly recommended. A great read with a cup of coffee and some of "Grandma's Coconut turnovers", as you plan which of the many

soups, stews, salads, breads and sweets you wish to cook first. My book is covered with little sticky bookmarks. Obrigada Wanda! I got my copy direct from the publisher mutualpublishing.com it was a lot cheaper.

If you love Portuguese food, if you are intrigued by the global movement of Portuguese food, if you just like good do-able recipes, this is a spiral-bound to cherish. I'll 'fess up that I've known Wanda for years. But I'm not a pushover. This is a loving, knowledgeable record of the Portuguese who came to Hawaii from the Azores in the 19th century to work on the plantations. It's to be treasured alike by locals in Hawaii, by Portuguese everywhere, by those who like to be able to turn out good food daily without fuss in their own kitchens, and by food historians.

Great Portuguese recipes - authentic - we were happy to find this in at the Kaapa, Kauai public library and then found it on to purchase

haven't tried any recipes yet...

[Download to continue reading...](#)

Portuguese Kitchen: Traditional Recipes With an Island Twist Portuguese Greats: Delicious Portuguese Recipes, The Top 39 Portuguese Recipes A Korean Kitchen: Traditional Recipes With an Island Twist (Hawaii Cooks) Short Stories in Portuguese 2: My Childhood Dream, Volume 2, Portuguese Edition Short Stories in Portuguese: My Daily Routine, Volume 1 [Portuguese Edition] Applications of Traditional and Semi-Traditional Hypnotism. Non-Traditional Hypnotism, Volume 2, The Practice of Hypnotism Helena's Portuguese Kitchen: 80 Simple & Sunny Recipes The Unexpected Cajun Kitchen: Classic Cuisine with a Twist of Farm-to-Table Freshness The Nourished Kitchen: Farm-to-Table Recipes for the Traditional Foods Lifestyle Featuring Bone Broths, Fermented Vegetables, Grass-Fed Meats, Wholesome Fats, Raw Dairy, and Kombuchas The Hell's Kitchen Cookbook: Recipes from the Kitchen R is for Rhode Island Red: A Rhode Island Alphabet (Discover America State by State) Island: Poetry and History of Chinese Immigrants on Angel Island, 1910-1940 (Naomi B. Pascal Editor's Endowment) Island Passages: An Illustrated History of Jekyll Island, Georgia Acadia: The Complete Guide: Acadia National Park & Mount Desert Island (Acadia the Complete Guide Mount Desert Island & Acadia National Park) Nora Roberts Three Sisters Island CD Collection: Dance Upon the Air, Heaven and Earth, Face the Fire (Three Sisters Island Trilogy) Treasure Seekers: 13 Bible lessons for ages 3-12 about the character of God; tropical island theme with island snacks, activities, fully reproducible (13 Week Bible Curriculum)

Island Of Hope: The Story of Ellis Island and the Journey to America  
Homemade Sausage: Recipes and Techniques to Grind, Stuff, and Twist  
Artisanal Sausage at Home  
Twist It Up: More Than 60 Delicious Recipes from an Inspiring Young Chef  
The Memory Code: The Traditional Aboriginal Memory Technique That Unlocks the Secrets of Stonehenge, Easter Island and Ancient Monuments the World Over

[Dmca](#)